

Active Creating

By Sheila Giardina

Treat yourself as if you already are what you desire to be. Whatever it is that you envision for yourself - no matter how lofty or impossible it may seem to you right now - I encourage you to begin acting as if what you would like to become is already your reality. This is a wonderful way to set into motion the forces that will collaborate with you to make your dreams come true. Activate the creative forces that may lie dormant in your life. You might think of it in this way: In- form, you receive in- formation. When you move into Spirit, you receive in-spiration. It is this world of inspiration that will guide you to access anything that you would like to have in your life.

I heard...

I have succeeded in ...

I used grace when...

I was encouraged when...

I used patience when...

Power Statement: To create a Power Statement, write something using all three of the Power Words below. In any form of the word. In one sentence or more.

Activate

Encourage

Inspiration